

## **Shining Cliff - What to bring**

### **Group**

- Tea towels, dish cloth, washing up liquid,
- Dishwasher requires 'multi-tab' tablets available at most supermarkets
- Matches
- Bin bags (please note: all rubbish to be recycled or taken with you!)
- First Aid Kit
- Burns kit if you plan to use the camp fire area

### **Individual**

- Sleeping bag and pillow (no bedding or pillows are provided).
- Towel and wash kit
- Indoor and outdoor shoes (its often a little muddy in the woodland)
- Torch (have this handy if you arrive at night)
- Camera

### **What to bring for those doing Outdoor Activities**

- At least 2 sets of clothes for wearing outdoors (jeans are not advisable), tracksuit trousers are better, fleece jacket a good idea.
- Boots and/or wellingtons
- Waterproof jacket and trousers (available to loan)
- Hat and Gloves in winter
- Small rucksack or similar bag
- Water Bottle (and / or flask)